Tiger Cheer Summer Camp

Sponsored by Frenship Youth Football and Stretch-n-Grow

TIGER CHEER SUMMER CAMPS FEATURE:

- Curriculum Targeted to ages 5-12 keeps participants engaged and attentive
- Great preparation for the upcoming Fall Frenship Youth Football and after school cheerleading season
- Sign and banner decorating

Session 1– Cheer Dance and Chants

- Cheer Basics-Learn and Review proper motion and jump technique
- Youth Spirit Dance Routine and Bleachermania
- Spirit Challenges and the chance for each squad to win a "spirit stick"
- Build school spirit with cheers/chants
- Basic Stunting Skills for ages 9-12
- Opportunity for each squad to perform in front of guest cheer panel who will provide feedback on strengths and areas for continued practice on the final day of camp.

Session 2-Hip Hop Cheer Rock

- In addition to cheer technique, the students will learn new hip hop dances
- Classes will cover the fundamentals of hip hop dance: popping, locking, and funk.
- Children will learn trendy age appropriate dance

Tiger Cheer Camp Information:

LOCATION: Premier Sportsplex (9000 Memphis Drive)
Time: 12:30-2:30
Dates: Session 1 **July 16th-19th**
Session 2 **August 6th-9th****
**Classes are limited so enroll early to reserve a spot!
Cost: $75 per Session or $140 for Both Sessions
Includes free t-shirt and pom poms
**All New material 2nd Session

Sign Up by June 2nd and receive a $10 Discount!

Child's Name:_____
Age as of June 1st:_____ School:_____
Parent(s) Name(s):_____
Home Phone:_____ Work Phone:_____
Cell Phone #(s):_____ May we text you with info: YES or NO
E-Mail:_____
(Please print clearly-information regarding classes will be sent via e-mail and/or text)
Address:_____ City:_____ Zip:_____
Please list any health concerns:_____
Please check: _____ Session 1 (July 16th-19th) AND/OR _____Session 2 (Aug 6th-9th)

Please Check Payment Options:
_____$75 Session 1 OR _____$75 Session 2
_____$140 BOTH Session ($10 Savings)**
** Same t-shirt and poms used for the 2nd session**
_____$10 DISCOUNT if registering before May 25th.
_____Check _____Money Order _____Credit Card (see info below)
Card Number:_____
Type of Credit Card:_____ Expiration:_____
Name on Card:_____
**** a $3 processing fee will apply to all credit card transactions.

Please mail payment to:
Stretch-n-Grow
PO Box 148
Wolfforth, TX 79382
OR Register Online at www.stretchngrowtx.com

Free T-shirt and poms

For more information contact:

Courtney Hamer 773-7415 OR
Renee Terry 544-3886 OR
cheer@stretchngrowtx.com

Premier Sportsplex also provides full day Sports Camp for children who need supervision all day during the summer. Children may sign up and participate in both camps.
Visit the website for more info:
Premiersportsplex.com